

## Anxiety-Reduction Information and Consent Form

**Halcion** (Triazolam), although usually prescribed as a sleeping pill, is a medication that can greatly minimize anxiety associated with dental surgery. In a relaxed state, you will still be able to communicate with the surgeon while treatment is being performed. Even though it is safe, effective, and wears off rapidly after the procedure, you should be aware of some important precautions and considerations.

1. This consent form and the surgical treatment consent form should be signed before you take Halcion. The consent forms are invalid if signed after you take Halcion.
2. The onset of Halcion is 15 to 30 minutes. Do not drive after you have taken the medication. The peak effect occurs between 1 and 2 hours. After that, the medication starts wearing off, and most people feel normal after 6 to 8 hours. For safety reasons and because people can react differently to this medication, you should not drive or operate machinery the remainder of the day. Wait until tomorrow.
3. This medication should NOT be used if:
  - A. You are hypersensitive to benzodiazepines (Valium, Ativan, Versed, etc.)
  - B. You are pregnant and/or breast feeding
  - C. You have liver or kidney disease
4. You should alert us if you are taking the following medications because they can adversely interact with Halcion: nefazodone (Serzone); cimetidine (Tagament, Tagament HD, Novocimitine, or Peptol); Levodopa (Dopar or Larodopa) for Parkinson's disease; antihistamines (Benadryl, Tavist, etc.); verapamil (Calan); diltiazem (Cardizem); erythromycin and azole antimycotics (Nizoral, Biaxin, or Sporanox); HIV drugs (indinavir and nelfinavir); and ALCOHOL. WARNING: taking recreational or illicit drugs can cause untoward reactions.
5. Side effects may include light-headedness, headache, dizziness, visual disturbances, amnesia, and nausea. The desired effects of Halcion may not work for some people.
6. A decrease in the desired effects of Halcion may be noticed by people who use tobacco products.
7. You should not eat heavily prior to your appointment. You may take the medication with a small amount of food, such as juice, toast, and a small meat serving, etc. Taking Halcion with too much food can make absorption into your system unpredictable.
8. A local anesthetic(s) will be used in conjunction with Halcion.
9. On the ride home from your procedure, your seat in the car should be in the reclined position. When you get home, lie down with your head slightly elevated.

I understand these considerations and am willing to abide by the conditions stated above. I have had the opportunity to ask questions and have them answered to my satisfaction.

Signed (patient and/or guardian): \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_

Doctor's Signature below :